# Retreat Breakfast

### Served between 9.30am - 11.30am

Scones and cakes also available.

Gluten Free Bread & Dairy Free Spread available.

#### Thyme Buttered Mushrooms

Sautéed Mushrooms with Thyme, Smoked Prosciutto. Garlic & Parmesan on toasted Sourdough Great with a poached egg (+£1.50)

#### DF: GF:



£9.00

#### Spinach and Chilli Scrambled Eggs ◆ Retreat Favourite ◆

Three free range eggs, on buttered toasted Sourdough Great with 2 rashers of our thick cut Bacon



£8.50 £10.00

### **Bacon on Ciabatta**

Griddled thick cut bacon on warm buttered Ciabatta bread Have it your way and add....Guacamole / Fried Egg / Cheese + £1.50



£7.20

## 3 Egg Breakfast Omelette

Made with local free range eggs: Extra fillings an additional (£1.50)

£8.50

Yorkshire Ham, Cheddar Cheese & Spinach Sautéed Mushroom, Red onion & Cheddar

#### Eggs 'your way' on Toasted Sourdough

Two Free range eggs - poached, scrambled or fried





Something Extra? 2 Bacon Rashers / Sautéed mushrooms - £2.80 - Guacamole / Egg / Beans - £1.50



## Something a little lighter

#### Coconut Porridge

Simply Awesome !!



£6.20

#### Toasted with local 'Swales' honey & butter or df spread

Served with Pumpkin, Sunflower seeds & Maple Syrup

Toasted Banana & Chocolate loaf ♥ Simply Scrumptious! ♥



#### Toasted Cinnamon & Raisin Bagel

With local 'Swales' honey & butter or df spread

### £4.80

### **Toasted Currant Teacake**

Strawberry Jam or Seville Orange Marmalade an additional £1

### £3.80

#### Simply Scrumptious Toast

Multigrain Sourdough served with butter or dairy free spread

Strawberry Jam, Local Honey or Seville Orange Marmalade an additional £1





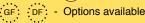
£3.80

### We hope you enjoy your Breakfast. Lunch served from 11.30am.

We serve Afternoon Tea Every Day from 2.30pm 🕏

Menu available - Booking essential.

(GF) - Gluten Free (DF) - Dairy and Egg Free



Please make us aware of any allergies you may have.